

Check the Website for DAV Chapter #23



Feeling Generous and want to make a Donation to our chapter?

Donate by Mail Make Checks Payable to: "DAV - Chapter #23"

DAV Chapter #23 PO Box 10335 Santa Ana, CA 92711

Transforming Veteran Lives



Only with your support are we able to help more than 1 million veterans every year access the healthcare, disability, employment, education and financial benefits they have earned.

Your gift gives ill and injured veterans the opportunity to live a life with respect and dignity. Help change the lives of even more veterans in need with a donation to DAV today.

About Your Gift

By making a gift to DAV you are empowering veterans to lead high-quality lives with respect and dignity.

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Next Monthly meeting is:

Wednesday February 28, 2024

E-board Please Wear "BLUE" Shirts

(We wore RED Last Month)

Setup Volunteers Please arrive at 4:00 PM to assist with the meeting room setup.

1700 E-board meeting in back room 1800-1900 Social Hour (Meal Time) 1900-TBA Membership general meeting

ANNOUNCEMENTS

It's that time again! Time to register for this year's Villa Park High School Car & Bike Show. Attached below is the flyer with all the information about the event. This year's show will be held on Saturday, May 11, 2024. Register before April 11, 2024 for just \$35.00. Register between April 12 and the day of the event and the registration fee is \$40.00. Exclusive 2024 car show t-shirts will be available for purchase at the event for \$15.00. Please note that unlike in previous years, we will not be providing these car show t-shirts free of charge with registration.



ALL PROCEEDS BENEFIT VILLA PARK HIGH SCHOOL March N Spartans, a 501(c)(3) non-profit. EIN 95-3537732 + DONATIONS MAY BE TAX DEDUCTABLE + No Alcohol, Ice Chests or Burn Outs + Rain or Shine + No Refunds

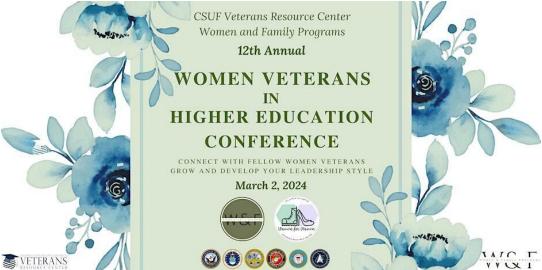




Dial 988 then press 1 Text 838255 <u>Chat online</u>

VA NEWS

California State University, Fullerton Women Veterans Conference - Mar. 2



The Conference Includes:

- Women Veterans Panel & Discussion
- Workshops
- Quiet & Activity Rooms
- Networking Opportunities
- Resource Fair
- Women Veteran Owned Businesses
- Free Parking
- Continental Breakfast and Lunch
- Childcare Upon Request

The **first 50 Women Veterans** who <u>register</u> and attend the conference will receive a special gift.

Women Veterans Focus Group - Mar. 20



Join VA Long Beach in our virtual focus group. We want to hear your feedback on your VA health care experience.

Topic: Healthcare experiences as a woman Date: 03/20/2024 Time: 11 a.m. - 12 p.m. Where: Virtual

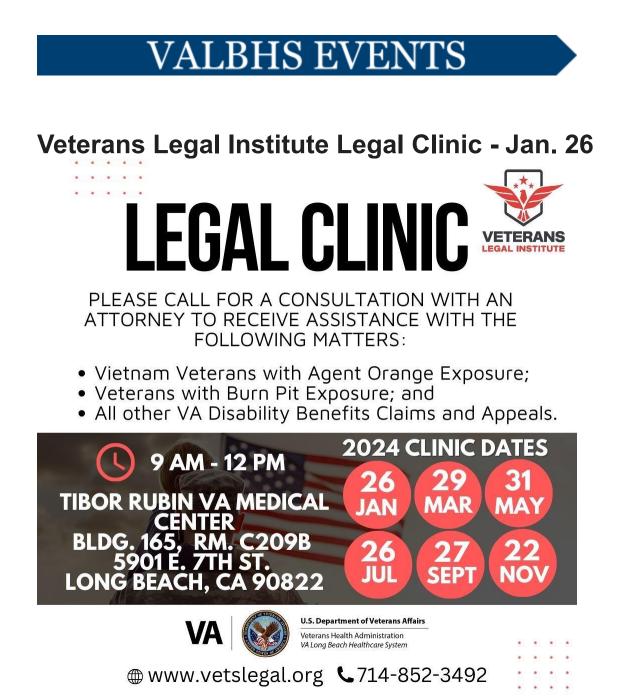
Please RSVP to Participate: Laurie Rudisill Women Veteran Program Manager 562-826-5617 Laurie.Rudisill@va. gov

Your experiences matter. If you would like to participate in this one or future groups, please contact the person above.



When: Mar. 13, 2024 | 10 a.m. - 2 p.m.

Where: Irvine Valley College Performing Arts Center, Irvine, CA 92618



The Veterans Legal Institute is partnering with VA Long Beach Healthcare System for a Legal Clinic on Friday, Jan. 26 from 9:00 a.m. - 12:00 p.m. in Building 165, Rm C209B at

Tibor Rubin VA Medical Center.

Call 714-852-3492 for guidance on the application process and to determine eligibility to attend the clinic. Please specify the type of legal assistance you are seeking.

*Please bring a copy of your DD214 if you have it available.

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RESOURCES																						
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The <u>VA Podcast Network</u> offers a diverse selection of top-quality podcasts made with a Veteran community in mind. Each podcast specializes on a different topic and covers gripping content that no Veteran should want to miss out on.

#theSITREP - VA YouTube Channel

Mindfulness Meditation - Free Classes

VA Health and Benefits App

The Bulldog

PACT Act Performance Dashboard

Caregiver Support Program VA Caregiver Support Line 1-855-260-3274 toll-free



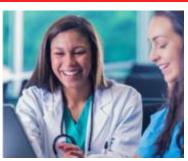
Free Service to Help Preserve and Share Your Military Service Story

Together We Served is offering Veterans a free service to help preserve and share your memories and photos of key people and events from your military service. You can share this presentation with friends and family.

LEARN MORE

Your Claim Exam Questions Answered

After filing a disability claim, you may have some lingering questions about what comes next in the claims process. Many Veterans wonder what will happen at their <u>VA claim</u> exam (also known as a compensation and pension, or C&P exam). To help answer these questions, VA has updated two websites to provide current information on frequently asked questions.



Vietnam War Veterans Health Issues

Get the care you need

If you served during the Vietnam War, you may be at higher risk for some health conditions. The PACT Act expands health care eligibility for Veterans of the Vietnam Era.

Learn More



Free Business Classes for Veterans

Are you a Veteran with aspirations of entrepreneurship and business ownership? Do you need guidance to help you put your idea into action? Warrior Rising is offering free online courses for Veteran entrepreneurs. Apply by Feb. 26.

Are you a Veteran with aspirations



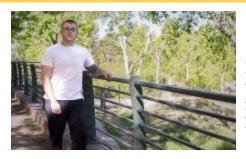
of <u>entrepreneurship</u> and business ownership? Do you need guidance to help you put your idea into action?

Warrior Rising is positioned to help you. A nonprofit organization launched by Veterans for Veterans in 2015, Warrior Rising is dedicated to transforming Veterans into "Vetrepreneurs," providing them opportunities to create sustainable businesses, perpetuate the hiring of fellow American Veterans, and earning their future.

We know that many Veterans feel lost and overwhelmed after their time in service, grappling with health issues and uncertainty about the future. We'd like to share the story of one of our Veteran entrepreneurs and their journey to success. The story emphasizes the importance of seeking out all the avenues of assistance to get on the right path in order to ensure the best chance of success.

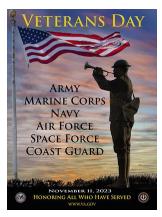
If you or someone you know is facing the challenges of transitioning to civilian life after service, think about the avenue that opportunities like Warrior Rising offers to get on track to create something amazing with your future, with you in charge of that destiny. Warrior Rising offers not just assistance, but a roadmap to resilience and achievement.

Warrior Rising's next online course starts Thursday, Feb. 29, 2024. This free Service-Disabled Veteran Entrepreneurs (SDVET) program includes four weeks of web-based instruction, followed by participation in other programs Warrior Rising offers (Warrior Academy, Veteran Business Accelerator program, virtual-live Coaching and Master Class sessions).



Reaching Out for Support

Homelessness can affect Veterans' lives in a variety of ways. Hear Veterans talk about how, through VA, they found the support they needed to manage their mental health and get their lives back on track.



Veterans Day Poster Contest Open for Submissions

VA and the Veterans Day National Committee are now accepting submissions for the 2024 Veterans Day Poster Contest. Submissions are due by 11:59 pm ET on April 1, 2024.



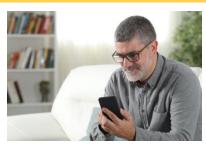
Virtual Internship: Work with VA's Digital Media Team

Interested in helping create articles, graphics and social media content for VA? VA's Digital Media Engagement team is looking for college interns. Learn more about this opportunity and apply now.



Prevent Gout Pain

Gout is a form of arthritis that's easier to control than others. Getting early treatment can prevent future pain and joint damage. <u>Learn more</u>.



Calm Your Mind in Stressful Times

If you're looking for ways to reduce stress, you're not alone. VA's Mindfulness Coach app is a great place to start. <u>Learn more</u>.



Boost Your Brain with Exercise

Did you know that exercise can improve how your brain works? We want you to understand how exercise can boost your memory and how VA can help. <u>Learn more</u>.





MIA Update: See websote

https://dpaa-mil.sites.crmforce.mil/dpaaRecentlyAccountedFor

Resources

To fill needs that extend beyond our programs and services, we team up with others whose services can be easily drawn upon when needed.

Military OneSource

Offering a wide range of individualized consultations, coaching and counseling for many aspects of military life, Military OneSource serves America's warrior guardians, military families and our entire global military community – to help you live your best MilLife.



Our World. Only Better.

Nonprofit Leadership Alliance

The mission of the Nonprofit Leadership Alliance is to strengthen the social sector with a talented and prepared workforce. Continue your service to country by earning the Certified Nonprofit Professional (CNP) credential: a hands-on leadership development program that will set you on a path to nonprofit leadership success.



Student Veterans of America

Founded in 2008, Student Veterans of America's (SVA) represents a network of more than 1,500 chapters on campus in all 50 states and four countries representing more than 750,000 student veterans. SVA supports all veterans

through their transition from the military, educational advancement and career growth.



Team Red, White & Blue (Team RWB), a nonprofit organization founded in 2010, is forging America's leading health and wellness community for military veterans, families, and their supporters. Join #EagleNation and connect with the community through workouts, challenges, and events.



Warrior Reunion Foundation supports combat veterans in overcoming the challenges of post-military transition by reconnecting those who served together overseas. We challenge stigma through shared experience, rebuilding essential peer support networks that enable our veterans to live with meaning, purpose and positive impact in their communities.

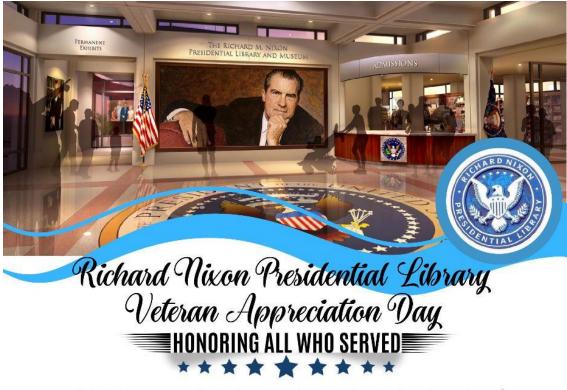
Claim Shark companies have made statements that they aren't breaking the law because they don't charge fees for "preparing" veterans' claims. Claim Sharks state that they "assist" or "consult" for veterans' claims, and this how they rationalize why they should be allowed to charge thousands of dollars for their services.

This is still illegal. Using creative semantics to skirt the law is not innovative, and it is not honest or transparent.

There are no "good actors" or "bad actors". Every company that charges for initial claims

assistance is doing it illegally.

Claim Sharks say veterans should have the "choice" to be fleeced out of thousands of dollars. No matter how much money these companies spend on Capitol Hill, We will not allow them to dismantle consumer protections and normalize harming veterans.



We cordially invite you to join us for a special breakfast at the Nixon Library's Rose Garden, in partnership with the esteemed SD-1, Veteran Peer Access Network. The occasion is to celebrate the birthday of former President Richard Nixon and pay tribute to our brave Veterans, who have served our country with selfless dedication. This event presents a valuable opportunity to recognize and honor their service and commitment. We hope that you can join us for this significant event.



March 16, 2024. Event starts at 10:00 AM and ends at 1:00 PM

💡 🛛 18001 Yorba Linda Blvd, Yorba Linda, CA 92886

FREE through RSVP only

Seats are limited, so be sure to RSVP by **03/08/2024** RSVP: Joe Leal (909) 200-8960 or by email joe.leal@jvs-socal.org



We extend a warm and heartfelt invitation to you to join us for a special breakfast at the Nixon Library's Rose Garden, in partnership with the esteemed SD-1, Veteran Peer Access Network. We come together to celebrate the birthday of former President Richard Nixon and to pay tribute to our brave Veterans, who have served our country with remarkable selflessness and dedication. This event presents a valuable opportunity to recognize and honor their exceptional commitment to our country. We hope that you will be able to join us for this significant event and be inspired by the service and dedication of these remarkable individuals.

Share the excitement of this upcoming event with other Veterans, and don't miss this opportunity to attend. RSVP today to secure your attendance and gain access to an experience you won't forget.

The attached flyer contains further information.

In Service,

Mr. Joe Leal US Army Combat Veteran Vet Hunters Project Executive Director (909) 200-8960

Orange County Veterans Cemetery

Time to Start Digging!!

It is with joyful pleasure and heartfelt gratitude that the VALOR Board of Directors: Nick Berardino; Bill Cook, Bobby McDonald; Steve Spriggs and Michelle DeLaCruz present to you the final study regarding the construction of the Gypsum Canyon State Veterans Cemetery.

After years of hard work and dedication by the entire Orange County Veteran Community the Gypsum Canyon Site is cleared for construction.

There are so many people to thank and attempting to name each of them will likely miss someone. However just to name a few who have helped lead the way (remembering there are many not named): Sharon Quirk-Silva, Tom Umberg, Don Wagner, Frank Kim, Peter DeMarco, Amy Jenkins, Tim Deutch, Michael Henning, Lindsay Sin, Kieth Boylan, Orange County Board of Supervisors, California State Legislature, EVERY Orange County City Council and Governor Gavin Newsom who stood with us every step of the way.

Of course like any other Public Works Construction Project many more details and "red tape" lie ahead. God bless everyone who heard the voice of the Orange County Veterans Community and took action to make our dream come true.

VETERANS, GET ON THIS TODAY:

DON'T MISS OUT ON WHAT BENEFITS ARE AVAILABLE TO YOU.

"You can only blame yourself if you are not receiving the VA benefits you rate"

The VA will only give you what you ask for, So ask for every injury you know you received in service, remember most injuries get worse over time for most of us aging veterans

(Yes, We know a Few of you are Extremally healthy)

You can do this yourself Online,

Just need to create a VA.Gov account if you have not already done so.

DAV Veteran Service Officer (VSO)

Were here to help you submit your claim/s.

Long Beach VAMC 5901 E. 7th St.

Bldg. 8, Room 107 Long Beach, CA 90822 Hours: 8-3 M-F (562) 826-5711

Department Service Officer: Bryan Root 562-826-8000 x8587 bryan.root@davcal.org

Disabled American Veterans Department of CA

Address

13733 Rosecrans Ave, Santa Fe Springs, CA 90670

Hours.

Friday8 AM-4 PMSaturdayClosedSundayClosedMonday8 AM-4 PMTuesday8 AM-4 PMWednesday8 AM-4 PMThursday8 AM-4 PM

Phone (562) 404-1266

Your Local DAV National Service Officer (NSO) can help with:

- Assisting veterans in filing claims with the Department of Veterans Affairs for compensation, pension, healthcare, and other benefits.
- Caregiver benefits
- Guidance on state and local veteran benefits
- Burial benefits for qualified veterans and their spouse
- Vocational Readiness and Employment benefits

SAN DIEGO, CA YOUR OFFICE VA Regional Office 8810 Rio San Diego Dr, Ste 1160 (619) 299-6916

Donating Cars to Charity Has Never Been Easier Donate Your Car to DAV

Help the brave men and women who served our country by donating any car, truck, RV or boat— plus you could even qualify for a tax deduction at the same time.

Donating is a great way to get rid of an old or extra vehicle. The process is easy, and we provide free and convenient pick-up. We strive to accept any vehicle – cars, trucks, motorcycles, RVs, boats, airplanes, heavy equipment, farm machinery, and most other motorized vehicles – in all fifty states, running or not.

Turn your vehicle into resources that help ensure our nation's heroes have the opportunity to enjoy the freedoms their sacrifices have made possible.



DONATE VEHICLE NOW

or call 833-227-4328 How it works



Call or Submit the Online Form

Call us toll free at 833-CAR-4DAV (833-227-4328) seven days a week or submit the secure online form. All vehicles are considered! We accept cars, trucks, RVs, motorcycles, trailers, boats, campers, off-road vehicles, heavy equipment, and most other motorized vehicles— whether they're running or not.



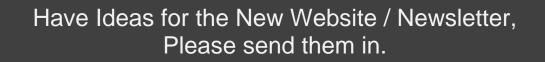
Schedule Your Free Pick-up

Choose best time that works for you! Our Donor Support Representatives will arrange to have a licensed tow company pick up your vehicle. We can pick up your vehicle just about anywhere in the U.S. within 72 hours of completing the donation.



Tax Benefits

Most vehicle donations qualify for a tax deduction. When your vehicle is picked up, the driver will provide you with an initial donation receipt. You may claim as a tax deduction the fair market value of your vehicle up to \$500 on your donation even if your vehicle sells for less. If your vehicle sells for over \$500, we will provide a 1098-C IRS form which will allow you to claim the full sale price.



I am always looking for new content for the website and our Newsletters,







VA is here for you.

1-800-MyVA411 (800-698-2411) is always the right number



DAV--Disabled American Veterans--is a nonprofit charity that provides a lifetime of support for veterans of all generations and their families, helping more than 1 million veterans in positive, life-changing ways each year. The organization provides more than 500,000 rides for veterans attending medical appointments annually and has assisted veterans with more than 12 million benefit claims since

the organization was chartered by Congress in 1932. In 2022, DAV helped attain more than \$26 billion in earned benefits to care for veterans, their families and survivors.

Hello New DAV Chapter #23 Partial and Full Life Members (You are a Life Member once you pay \$300.00, Goes up to \$325.00 Jan 1, 2024)

If you are a Paid up for Life Member, Come to our meeting (4th Wednesday of each month) Show the Commander (Mel Forbes) your Life Membership card, and receive a DAV Chapter Tee Shirt.





For any Information that needs to be put into our newsletter. Please email Newsletter editor: Past Commander John "Mack" Mackus



JOHN "Mack" MACKUS Menbershp / Webmaster / Newsletter / Past Commander Sponsor # 0402315006895

> JACK FISHER CHAPTER #23 PO Box 10335 Santa Ana, CA 92711

Cell: (949) 716-6400 GySgtMackus@msn.com www.DAV23.com

FULFILLING OUR PROMISES O THE MEN AND WOMEN WHO SERVED ORANGE COUNTY DAV CHAPTER #23 MONTHLY MEETING'S; 4TH WEDNESDAY OF THE MONTH LOCATION: VETERANS OF FOREIGN WARS POST 3173 805 E. SYCAMORE ST., ANAHEIM, CA 92805

BECOME A MEMBER OF DAV Today Online: https://www.mydav.org/dav-membership Fill out form, make payment, Choose: California, Chapter 23 check recruited, use Sponsor # & Info on front of this card



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f Share with all your Veteran Friends and Family

Forward to all your Veteran Friends and Family

Join DAV Chapter #23 Now

Join DAVA Unit #23 Now



Appreciation in Words

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Our mailing address is:

DAV Chapter #23 PO Box 10335 Santa Ana, CA 92711